

Sunday, September 22, 2024

Faith and Well-Being: Nurturing Mental Health and Resilience

Date and Time: Sunday, September 22 2:00 pm - 4:00 pm

Address: 4750 48 St, Yellowknife, NT X1A 3T5

Welcome!

The annual Yellowknife Voices for Peace Conference is back! Hosted by the Ahmadiyya Muslim Community of Canada and the city of Yellowknife. This amazing program happens every year all throughout Canada and it is back in Yellowknife!

The topic of this year is very important to all people regardless of faith and culture: mental health and resilience. There will be a wide variety of speakers and presentations as well as the time to speak and meet the great people of Yellowknife as well as share their own views and points to help people with these issues.

Refreshments will be provided and the event is FREE and open to everyone. The event will be taking place in Prince of Wales Northern Heritage Centre on September 22nd 2024 at 2:00pm-4:00pm.

The event has pre registration as well to better help the organizers see how many people will be attending! All people are strongly encouraged to register first but registration is not mandatory to attend the event.

Furthermore, this event is to preserve local heritage, history, traditions, and languages of the Indigenous community and the people of Yellowknife. This all aligns with the Voices of Peace showing inclusivity and prioritizing Wellness and Resilience in all communities.

We look forward to hosting the great people of Yellowknife and discussing these very important topics and finding solutions together.

Days of Dust and Darkness: Public talk on the effects of a 7,600-year-old volcanic ashfall on western Canada

Date and Time: Sunday, September 22 6:00 pm - 8:00 pm

Address: 4750 48 St, Yellowknife, NT X1A 3T5

Join the [Prince of Wales Northern Heritage Centre](#), [Royal Alberta Museum](#) and the [Alliance of Natural History Museums of Canada](#) for a public talk on the Days of Dust and Darkness – the impact of volcanic ash fallout on the natural world and the people who depended on it for survival.

Around 7,600 years ago, Mount Mazama, in modern-day Oregon, erupted explosively, spreading a thick blanket of ash across much of northwestern North America. The ash was detected as far away as Greenland and impacted the Dene in the Yukon and Northwest Territories.

The eruption was a major natural disaster, impacting the climate, landscapes, plants, animals and resources. The

Mount St. Helens eruption of 1980 helps us understand the effects of the Mazama ashfall. Studying preserved plant remains and reconstructing the event allows us to imagine how people may have dealt with this experience, providing insights into the long-term impact of volcanic ash fallout.

Dr. Alwynne B. Beaudoin, Director of Curatorial and Research at the Royal Alberta Museum in Edmonton and President of the Alliance of Natural History Museums of Canada, will present this public talk.

Date: Sunday, September 22, 2024

Time: 6 to 8 pm

Location: Prince of Wales Northern Heritage Centre's Auditorium, Yellowknife

This event is free of charge. No registration is required.

Learn more: www.pwnhc.ca/events

<https://events.yellowknife.ca>